



Emotion
Recognition



Perspective-
Taking



Problem-
Solving







Self-
Control

Kindergarten to Third Grade

1	Listen to others	✓	✓✓		✓
2	Say please and thank you		✓		
3	Follow the rules				✓✓
4	Pay attention to your work				✓✓
5	Ask for help				
6	Take turns when you talk	✓	✓		✓
7	Get along with others		✓	✓✓	✓
8	Stay calm with others			✓✓	✓✓
9	Do the right thing			✓✓	
10	Do nice things for others	✓	✓	✓✓	
11	Tell others about your skills				
12	Own your actions		✓✓	✓	✓
13	Express your feelings				✓✓
14	Respect other people's feelings		✓	✓	
15	Do your part in a group	✓	✓✓	✓	✓
16	Ask others to do things with you	✓	✓✓	✓	
17	Introduce yourself to others	✓	✓		✓
18	Stay calm when pushed or hit			✓✓	✓✓
19	Stand up for others		✓✓	✓✓	✓
20	Make other feel better	✓✓	✓✓		
21	Make compromises	✓	✓✓	✓✓	
22	Be positive about the future		✓✓		
23	Listen to different ideas	✓✓	✓✓		

Supplementary Lessons

24	Uses appropriate language when upset			✓	✓✓
25	Show concern for others	✓✓	✓✓	✓	
26	Forgives others		✓	✓	✓
27	Says when there's a problem			✓✓	
28	Takes criticism without getting upset				✓✓
29	Shows kindness to others when they are upset		✓✓	✓	
30	Resolves disagreements calmly			✓✓	✓✓

 SSIS CoLab Assessment and Intervention. Aligned. Simplified! www.ssiscolab.com		SELweb Competence		
Skill		 Understanding Others	 Problem-Solving	 Self-Control
Fourth to Sixth Grades				
1	Listen to others	✓✓		✓
2	Say please and thank you	✓		
3	Follow the rules			✓✓
4	Pay attention to your work			✓✓
5	Ask for help			
6	Take turns when you talk	✓		✓
7	Get along with others	✓	✓✓	✓
8	Stay calm with others		✓✓	✓✓
9	Do the right thing		✓✓	
10	Do nice things for others	✓	✓✓	
11	Tell others about your skills			
12	Own your actions	✓✓	✓	✓
13	Express your feelings			✓✓
14	Respect other people's feelings	✓	✓	
15	Do your part in a group	✓✓	✓	✓
16	Ask others to do things with you	✓✓	✓	
17	Introduce yourself to others	✓		✓
18	Stay calm when pushed or hit		✓✓	✓✓
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20	Make other feel better	✓✓		
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22	Be positive about the future	✓✓		
23	Listen to different ideas	✓✓		
Supplementary Lessons				
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