









SELweb and Harmony Alignment

SELweb Early Elementary (EE) is a direct assessment of key social-emotional skills, including: emotion recognition, social perspective-taking, social problem-solving, and self-control. **Harmony** is a social-emotional teaching program that cultivates strong classroom relationships between all students. This document describes alignment between SELweb and Harmony skills.





Key: ✓ = some overlap; ✓ ✓ = significant overlap

KINDERGARTEN Harmony Lesson / SELweb Skill		 Emotion Recognition	 Perspective-Taking	 Problem-Solving	 Self-Control
Unit 1: Diversity & Inclusion	Getting to Know Each Other		✓		
	Discovering Commonalities		✓		
	Learning from Diversity		✓ ✓		
	Building Community			✓	
Unit 2: Empathy & Critical Thinking	Recognizing Feelings	✓ ✓			
	Predicting Feelings	✓	✓ ✓		
	Explaining Feelings	✓	✓ ✓		
	Having Empathy		✓ ✓		
	Understanding Stereotypes about People		✓		
	Understanding Stereotypes about Objects, Activities, Roles		✓	✓	
	Understanding that People Can Change		✓		





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KINDERGARTEN Harmony Lesson / SELweb Skill		 Emotion Recognition	 Perspective- Taking	 Problem- Solving	 Self- Control
Unit 3: Communication	Listening to Others	✓	✓		✓
	Responding to Others		✓ ✓		✓
	Being Assertive	✓	✓		✓
Unit 4: Problem- Solving	Identifying Problems			✓ ✓	
	Solving Problems			✓ ✓	✓
	Cooperating		✓	✓	✓
	Being Considerate		✓	✓ ✓	✓ ✓
Unit 5: Peer Relationships	Caring for Others	✓	✓		
	Being Inclusive	✓	✓		
	Making Amends and Forgiving		✓	✓ ✓	✓
	Reflecting and Connecting	✓	✓	✓	✓

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GRADES 1 & 2 Harmony Lesson / SELweb Skill		 Emotion Recognition	 Perspective-Taking	 Problem-Solving	 Self-Control
Unit 1: Diversity & Inclusion	Getting to Know Each Other		✓		
	Discovering Commonalities		✓		
	Learning from Diversity		✓ ✓		
	Building Community			✓	
Unit 2: Empathy & Critical Thinking	Recognizing Feelings	✓ ✓			
	Predicting Feelings	✓	✓ ✓		
	Relating Thoughts, Feelings, and Behaviors	✓	✓ ✓		
	Having Empathy		✓ ✓		
	Understanding Stereotypes about People		✓	✓	✓
Unit 3: Communication	Listening and Responding to Others	✓	✓		✓
	Engaging in Conversation		✓ ✓		✓
	Being Assertive	✓	✓		✓
Unit 4: Problem-Solving	Identifying Problems			✓ ✓	
	Solving Problems			✓ ✓	✓
	Cooperating		✓	✓	✓
	Recognizing How Behaviors Affect Others		✓	✓ ✓	✓ ✓
Unit 5: Peer Relationships	Caring for Others	✓	✓		
	Being Inclusive	✓	✓	✓ ✓	✓
	Making Amends and Forgiving		✓	✓	✓ ✓
	Reflecting and Connecting	✓	✓	✓	✓




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GRADE 3 Harmony Lesson / SELweb Skill		 Emotion Recognition	 Perspective- Taking	 Problem- Solving	 Self- Control
Unit 1: Diversity & Inclusion	Who We Are		✓		
	The Things We Have in Common		✓ ✓		
	Learn Something New		✓		
	Classroom Identity			✓	
Unit 2: Empathy & Critical Thinking	Thought Connections	✓	✓ ✓	✓	
	Feelings Detective	✓ ✓	✓ ✓		
	To Think Like a Caterpillar		✓		
	Pop that Stereotype		✓		
Unit 3: Communication	Communication Blooper or Booster	✓	✓	✓	✓
	Communication: Listening and Supporting		✓ ✓		✓
	Collaboration in Action	✓	✓	✓	✓
Unit 4: Problem- Solving	The Animals of Conflict			✓ ✓	
	Stop, Think, and Cool Off!!			✓ ✓	✓ ✓
	Talk it Out and Clear it Up		✓	✓ ✓	✓ ✓
	Let's Step it Up		✓	✓ ✓	✓ ✓
Unit 5: Peer Relationships	What Makes a Friend				
	Friendship Pledge				
	I've Got Your Back		✓	✓	✓ ✓
	Battle the Bullies			✓ ✓	

SELweb and Harmony Alignment

SELweb Late Elementary (LE) is a direct assessment of key social-emotional skills, including: understanding the emotions and perspectives of others, social problem-solving, and self-control. **Harmony** is a social-emotional teaching program that cultivates strong classroom relationships between all students. This document describes alignment between SELweb and Harmony skills.

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GRADE 4 Harmony Lesson / SELweb Skill		 Understanding Others	 Problem-Solving	 Self-Control
Unit 1: Diversity & Inclusion	Who We Are	✓		
	The Things We Have in Common	✓		
	Learn Something New	✓	✓	✓
	Classroom Identity		✓	
Unit 2: Empathy & Critical Thinking	Pop that Thought Bubble	✓✓	✓	✓
	Learning about Empathy	✓✓	✓	
	To Think Like a Caterpillar	✓		
	Stereotype Detector	✓		
Unit 3: Communication	Name that Communication Blooper	✓	✓	✓
	Communication Boosters: Listening and Supporting	✓✓		✓
	Communication in the Environment	✓✓		✓
	Collaboration in Action	✓✓	✓✓	✓
Unit 4: Problem-Solving	Watch and Learn		✓✓	
	Stop, Think, and Cool Off!!		✓✓	✓✓
	Talk it Out and Clear it Up	✓	✓✓	✓✓
	Let's Step it Up	✓	✓✓	✓✓
Unit 5: Peer Relationships	What Makes a Friend			
	Clique Busters			
	I've Got Your Back	✓	✓	✓
	Battle the Bullies		✓✓	

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GRADES 5 & 6 Harmony Lesson / SELweb Skill		 Understanding Others	 Problem-Solving	 Self-Control
Unit 1: Diversity & Inclusion	Who We Are	✓		
	The Things We Have in Common	✓		
	Learn Something New	✓	✓	✓
	Classroom Identity		✓	
Unit 2: Empathy & Critical Thinking	Thought Bubbles	✓✓	✓	✓
	Walking in Someone Else's Shoes	✓✓	✓	✓
	To Change Like a Caterpillar	✓		
	Thinking Outside the Box	✓		
	Critical Thinking in Practice	✓		
Unit 3: Communication	Name that Communication Blooper	✓	✓	✓
	The Communicator	✓	✓	✓
	Communication in the Media	✓		
	Collaboration in Action	✓✓	✓✓	✓
Unit 4: Problem-Solving	Watch and Learn		✓✓	
	Name that Conflict Style		✓✓	
	Step it Up	✓	✓✓	✓
	Practice Makes Perfect	✓	✓✓	✓
Unit 5: Peer Relationships	What Makes a Friend			
	I've Got Your Back	✓	✓	✓
	Talk it Out	✓	✓	✓
	Battle the Bullies		✓✓	