










SELweb is a direct assessment of key social-emotional skills, including: self-awareness, emotion recognition, social perspective-taking, social problem-solving, and self-control. **Skillstreaming** is a social-emotional learning program designed to help children and youth learn positive ways to have their needs met. This document describes alignment between SELweb and Skillstreaming skills.

Group	Skillstreaming Lesson				
		Emotion Recognition	Perspective-Taking	Problem-Solving	Self-Control
Group I: Classroom Survival Skills	1. Listening		✓		✓
	2. Asking for Help				
	3. Saying Thank You		✓		
	4. Bringing Materials to Class				✓
	5. Following Instructions				✓
	6. Completing Assignments				✓
	7. Contributing to Discussions		✓		✓
	8. Offering Help to an Adult		✓		✓
	9. Asking a Question		✓		✓
	10. Ignoring Distractions				✓
	11. Making Corrections				✓
	12. Deciding on Something to Do				
	13. Setting a Goal				✓

Group	Skillstreaming Lesson	 Emotion Recognition	 Perspective- Taking	 Problem- Solving	 Self- Control
Group II: Friendship- Making Skills	14. Introducing Yourself		✓		✓
	15. Beginning a Conversation		✓		✓
	16. Ending a Conversation		✓		✓
	17. Joining In		✓	✓	✓
	18. Playing a Game		✓	✓	✓
	19. Asking a Favor		✓	✓	✓
	20. Offering Help to a Classmate		✓	✓	✓
	21. Giving a Compliment		✓		
	22. Accepting a Compliment				
	23. Suggesting an Activity		✓	✓	
	24. Sharing		✓	✓	✓
	25. Apologizing	✓	✓	✓	
Group III: Skills for Dealing with Feelings	26. Knowing Your Feelings				
	27. Expressing Your Feelings	✓			✓
	28. Recognizing Another's Feelings	✓			
	29. Showing Understanding of Another's Feelings	✓	✓		
	30. Expressing Concern for Another		✓		
	31. Dealing with Your Anger				✓
	32. Dealing with Another's Anger	✓	✓	✓	✓
	33. Expressing Affection		✓		
	34. Dealing with Fear				✓
	35. Rewarding Yourself				✓

Group	Skillstreaming Lesson	 Emotion Recognition	 Perspective- Taking	 Problem- Solving	 Self- Control
Group IV: Skill Alternatives to Aggression	36. Using Self-Control				✓
	37. Asking Permission				✓
	38. Responding to Teasing			✓	✓
	39. Avoiding Trouble			✓	✓
	40. Staying Out of Fights			✓	✓
	41. Problem Solving			✓	
	42. Accepting Consequences				✓
	43. Dealing with an Accusation			✓	
	44. Negotiating			✓	
Group V: Skills for Dealing with Stress	45. Dealing with Boredom				✓
	46. Deciding What Caused a Problem			✓	
	47. Making a Complaint		✓	✓	
	48. Answering a Complaint		✓	✓	
	49. Dealing with Losing				✓
	50. Being a Good Sport		✓	✓	✓
	51. Dealing with Being Left Out			✓	✓
	52. Dealing with Embarrassment				✓
	53. Reacting to Failure.				✓
	54. Accepting No				
	55. Saying No				✓
	56. Relaxing				✓
	57. Dealing with Group Pressure			✓	
	58. Dealing with Wanting Something that Isn't Yours		✓	✓	✓
	59. Making a Decision			✓	
	60. Being Honest			✓	✓