












# Defining Social Emotional Learning (SEL) Worksheet



In our district, we define social and emotional competence as:

In our district, we value social and emotional because:

Specific Skill	Why it Matters to Us	Category
		<input type="checkbox"/>  Comprehension <input type="checkbox"/>  Execution <input type="checkbox"/>  Self Control
		<input type="checkbox"/>  Comprehension <input type="checkbox"/>  Execution <input type="checkbox"/>  Self Control
		<input type="checkbox"/>  Comprehension <input type="checkbox"/>  Execution <input type="checkbox"/>  Self Control

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**Works Cited:**

McKown, C. (2019). *Assessing Students' Social and Emotional Learning: A Guide to Meaningful Measurement (p. 6) (SEL Solutions Series) (Social and Emotional Learning Solutions)*. United States: W. W. Norton.