
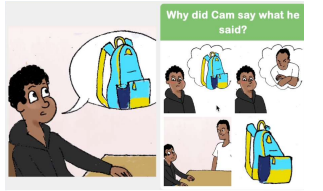


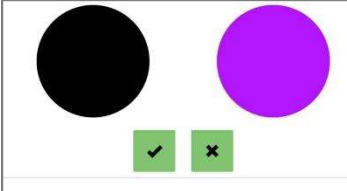


SELweb Early Elementary: Grades K to 3

SELweb Competence	CASEL Competence	Definition	Item Screen Shot	Item Description
Emotion Recognition	Social Awareness	The ability to understand what others are feeling		Children see 20 pictures of children's faces and indicate whether each face is happy, sad, angry, scared, or just okay.
Social Perspective-Taking	Social Awareness	The ability to understand what others are thinking, and to take another's perspective		Children listen to 8 illustrated, narrated stories and then are asked questions that require them to infer a character's thoughts, feelings, or intentions.
Social Problem-Solving	Relationship Skills and Responsible Decision-Making	The ability to constructively resolve everyday social challenges		Children are told about four challenging situations and asked to imagine they were in each situation. Students answer questions about others' intentions, their own goals, and what they would do. Multiple choice options are narrated and illustrated.
Self-Control	Self-Management	The ability to delay gratification to achieve a goal		Children select rockets to send to space ten times. Higher scoring rockets are slower and more tedious, so. As a result, to get more points, children must tolerate some.
	Self-Management	The ability to tolerate frustration and stay on task		Children see pairs of shapes and click the check box if the shapes are the same and the "x" if they are different. There are pauses after some items, inducing mild frustration.

SELweb Late Elementary: Grades 4 to 8

SELweb Competence	CASEL Competence	Definition	Item Screen Shot	Item Description
Understanding Others	Social Awareness	The ability to understand others mixed and complex emotions		Children are told about situations in which someone might feel mixed emotions or complex emotions such as pride and embarrassment, and are asked how the person would feel.
	Social Awareness	The ability to understand what others are thinking and to take another's perspective		Children listen to stories and are asked questions that require them to infer the perspectives and intentions of story characters.
Social Problem-Solving	Relationship Skills and Responsible Decision-Making	The ability to constructively resolve everyday social challenges		Children are told about four challenging situations and asked to imagine they were in each situation. Students answer questions about their goals, what they would do, and what would happen next. Multiple-choice options are narrated and illustrated.
Self-Control	Self-Management	Knowledge of effective emotion regulation strategies		Children are asked to imagine situations in which they feel upset. They are asked what they can do to feel better and given various options, some of which are more likely to be effective than others.
	Self-Management	Self-reported self-control		Students complete a seven-item self-report survey in which they rate their self-management skills.
Self-Awareness	Self-Awareness	How accurately children understand their own strengths and needs.		Children are asked, compared to their peers, how skillfully they understand others' emotions and perspectives, solve social problems, and manage their emotions. Self-awareness is indexed on how closely children's self-rated skills correspond to their directly-assessed skills.