













**SELweb Early Elementary (EE)** is a direct assessment of key social-emotional competencies in kindergarten to third grade, including: emotion recognition, social perspective-taking, social problem-solving, and self-control. **Harmony** lessons are designed to foster these competencies. This document describes alignment between SELweb EE and the targets of instruction in the Harmony lessons. Each row reflects a specific lesson. Each column reflects a competence measured by SELweb EE. Double checkmarks (✓✓) indicate that a specific SELweb competence is a primary target of instruction in the indicated unit; single checkmarks (✓) indicate that a specific SELweb competence is a secondary target of instruction in the indicated unit.

Harmony Units and Lessons		 Emotion Recognition	 Perspective-Taking	 Problem-Solving	 Self-Control
KINDERGARTEN & GRADE 1					
<b>Unit 1: Being My Best Self</b>	Recognizing Emotions	✓			✓
	Linking Emotions and Thoughts				✓
	Connecting Emotions, Thoughts, and Actions				✓
	Emotion Regulation				✓✓
	Growth Mindset				✓
<b>Unit 2: Valuing Each Other</b>	Taking Perspective	✓	✓✓		
	Empathy/Caring for Others' Feelings	✓	✓✓	✓	
	Appreciating Others' Contributions		✓	✓	
	Breaking Stereotypes		✓	✓✓	
	Feeling Valued as a Member of the Group			✓✓	✓
<b>Unit 3: Communicating with Each Other</b>	Watching and Listening Attentively		✓		✓
	Conversation Skills		✓		✓
	Communicating in Different Settings		✓		✓
	Speaking Up			✓	
	Communicating for Collaboration			✓✓	
<b>Unit 4: Problem-Solving</b>	Perspective Taking to Understand the Problem		✓✓	✓	✓
	Identifying and Sharing About Problems		✓	✓✓	
	Working Together to Solve Problems		✓	✓✓	
	Thinking of Solutions and Using Compromise		✓	✓✓	
	Taking Responsibility and Making Amends		✓	✓✓	
<b>Unit 5: Supporting Our Community</b>	What Does it Mean to Be a Community Member and Participate In My Community			✓	
	Welcoming Everyone		✓	✓	
	Making Reasoned Judgments in Communities			✓	
	Working Together (Focus on Impactful Change)		✓	✓	
	Community Involvement		✓	✓	

Harmony Units and Lessons		 Emotion Recognition	 Perspective- Taking	 Problem- Solving	 Self- Control
GRADES 2 & 3					
<b>Unit 1: Being My Best Self</b>	Recognizing Emotions	✓✓			
	Linking Emotions and Thoughts				✓
	Connecting Emotions, Thoughts, and Actions				✓
	Emotion Regulation				✓✓
	Growth Mindset				✓
<b>Unit 2: Valuing Each Other</b>	Taking Perspective	✓	✓✓		
	Empathy/Caring for Others' Feelings	✓	✓✓	✓	
	Appreciating Others' Contributions		✓	✓	
	Breaking Stereotypes		✓	✓✓	
	Feeling Valued as a Member of the Group			✓✓	✓
<b>Unit 3: Communicating with Each Other</b>	Watching and Listening Attentively		✓		✓
	Conversation Skills			✓	✓
	Communicating in Different Settings		✓	✓	✓
	Speaking Up			✓	✓
	Communicating for Collaboration			✓✓	
<b>Unit 4: Problem- Solving</b>	Perspective Taking to Understand the Problem		✓✓	✓	
	Identifying and Sharing About Problems		✓✓	✓✓	
	Working Together to Solve Problems		✓	✓✓	
	Thinking of Solutions and Using Compromise		✓	✓✓	
	Taking Responsibility and Making Amends		✓	✓✓	
<b>Unit 5: Supporting Our Community</b>	What Does it Mean to Be a Community Member and Participate In My Community			✓	
	Welcoming Everyone		✓	✓	
	Making Reasoned Judgments in Communities			✓	
	Working Together (Focus on Impactful Change)		✓	✓	
	Community Involvement		✓	✓	

**SELweb Late Elementary (LE)** is a direct assessment of key social-emotional competencies in 4th to 8th grade, including: self-awareness, understanding others' emotions and perspectives, social problem-solving, and self-control. **Harmony** lessons are designed to foster these competencies. This document describes alignment between SELweb LE and the targets of instruction in Harmony lessons. Each row reflects a specific lesson. Each column reflects a competence measured by SELweb LE. Double checkmarks (✓✓) indicate that a specific SELweb competence is a primary target of instruction in the indicated unit; single checkmarks (✓) indicate that a specific SELweb competence is a secondary target of instruction in the indicated unit.

Harmony Units and Lessons		 Self-Awareness	 Understanding Others	 Problem-Solving	 Self-Control
GRADES 4, 5, & 6					
<b>Unit 1: Being My Best Self</b>	Recognizing Emotions		✓✓		
	Linking Emotions and Thoughts				✓
	Connecting Emotions, Thoughts, and Actions				✓✓
	Emotion Regulation	✓			✓✓
	Growth Mindset	✓			✓
<b>Unit 2: Valuing Each Other</b>	Taking Perspective		✓✓		
	Empathy/Caring for Others' Feelings		✓✓	✓	
	Appreciating Others' Contributions		✓	✓	
	Breaking Stereotypes		✓	✓✓	
	Feeling Valued as a Member of the Group			✓✓	
<b>Unit 3: Communicating with Each Other</b>	Watching and Listening Attentively				✓
	Conversation Skills			✓	✓
	Communicating in Different Settings			✓	✓
	Speaking Up			✓	✓
	Communicating for Collaboration			✓✓	
<b>Unit 4: Problem-Solving</b>	Perspective Taking to Understand the Problem		✓	✓✓	
	Identifying and Sharing About Problems		✓	✓✓	
	Working Together to Solve Problems			✓✓	
	Thinking of Solutions and Using Compromise	✓		✓✓	
	Taking Responsibility and Making Amends	✓		✓	✓✓
<b>Unit 5: Supporting Our Community</b>	What Does it Mean to Be a Community Member and Participate In My Community			✓	
	Welcoming Everyone		✓		
	Making Reasoned Judgments in Communities			✓✓	
	Working Together (Focus on Impactful Change)			✓	
	Community Involvement			✓	