

Character Strong Program Alignment

SELweb EE is a direct assessment of key social-emotional competencies in kindergarten to third grade, including: emotion recognition, social perspective-taking, social problem-solving, and self-control. Character Strong's SEL lessons are designed to foster these competencies. This document describes alignment between SELweb and the targets of instruction in these lessons. Each row reflects one of Character Strong lessons. Each column reflects a competence measured by SELweb. A checkmark (✓) indicates that a specific SELweb competence is a target of instruction in the indicated lesson.

Unit	Lesson	Emotion Recognition	Perspective-Taking	Problem-Solving	Self-Control
Respect	Start	✓	✓	✓	✓
	Connect		✓	✓	✓
	Grow (K): Listening	✓	✓		
	Grow (1): Friendship	✓	✓	✓	
	Grow (2): Understanding Conflict Resolution			✓	✓
	Grow (3): Perspective-Taking		✓		
	Grow (4): Practicing Conflict Resolution			✓	✓
	Grow (5): Leadership		✓	✓	✓
	Respond				✓
	Exit	✓	✓	✓	✓
Responsibility	Start			✓	✓
	Connect			✓	✓
	Grow (K): Following Directions				✓
	Grow (1): Focusing				✓
	Grow (2): Engagement				✓
	Grow (3): Flexible Thinking			✓	✓
	Grow (4): Organization				✓
	Grow (5): Goal-Setting				✓
	Respond				✓
	Exit			✓	✓
Gratitude	Start	✓	✓		✓
	Connect	✓	✓		✓
	Grow (K): Identifying Emotions	✓	✓		
	Grow (1): Emotion Awareness	✓			
	Grow (2): Emotion Regulation				✓
	Grow (3): Emotion Advocacy	✓			✓
	Grow (4): Positive Self-Talk			✓	✓
	Grow (5): Stress Management			✓	✓
	Respond				✓
	Exit	✓	✓		✓
Empathy	Start				✓
	Connect	✓	✓	✓	
	Grow (K): Listening	✓	✓	✓	
	Grow (1): Friendship			✓	✓
	Grow (2): Understanding Conflict Resolution		✓		
	Grow (3): Perspective-Taking			✓	✓
	Grow (4): Practicing Conflict Resolution		✓	✓	✓
	Grow (5): Leadership				
	Respond				✓
	Exit	✓	✓	✓	✓
Perseverance	Start				✓
	Connect	✓	✓	✓	
	Grow (K): Following Directions				✓
	Grow (1): Focusing				✓
	Grow (2): Enagement				✓
	Grow (3): Flexible Thinking			✓	✓
	Grow (4): Organization				✓
	Grow (5): Goal-Setting				✓
	Respond				✓
	Exit	✓	✓	✓	✓

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Unit	Lesson	Emotion Recognition	Perspective-Taking	Problem-Solving	Self-Control
Honesty	Start				✓
	Connect	✓	✓	✓	
	Grow (K): Identifying Emotions	✓	✓		
	Grow (1): Emotion Awareness	✓			
	Grow (2): Emotion Regulation				✓
	Grow (3): Emotion Advocacy	✓			✓
	Grow (4): Positive Self-Talk			✓	✓
	Grow (5): Stress Management			✓	✓
	Respond				✓
	Exit	✓	✓	✓	✓
Cooperation	Start				✓
	Connect	✓	✓	✓	
	Grow (K): Listening	✓	✓	✓	
	Grow (1): Friendship			✓	✓
	Grow (2): Understanding Conflict Resolution		✓		
	Grow (3): Perspective-Taking			✓	✓
	Grow (4): Practicing Conflict Resolution		✓	✓	✓
	Grow (5): Leadership				
	Respond				✓
	Exit	✓	✓	✓	✓
Courage	Start				✓
	Connect	✓	✓	✓	
	Grow (K): Following Directions				✓
	Grow (1): Focusing				✓
	Grow (2): Engagement				✓
	Grow (3): Flexible Thinking			✓	✓
	Grow (4): Organization				✓
	Grow (5): Goal-Setting				✓
	Respond				✓
	Exit	✓	✓	✓	✓
Creativity	Start				✓
	Connect	✓	✓	✓	
	Grow (K): Identifying Emotions	✓	✓		
	Grow (1): Emotion Awareness	✓			
	Grow (2): Emotion Regulation				✓
	Grow (3): Emotion Advocacy	✓			✓
	Grow (4): Positive Self-Talk			✓	✓
	Grow (5): Stress Management			✓	✓
	Respond				✓
	Exit	✓	✓	✓	✓