SELweb and MOSAIC Alignment

XSEL LABS

SELweb is a direct assessment of key social-emotional competencies, including: emotion recognition, social perspective-taking, social problem-solving, and self-control. MOSAIC lesson plans are designed to foster these competencies. This document describes alignment between SELweb and the targets of instruction in the MOSAIC lesson plans. Each row reflects a specific lesson. Each column reflects a competence measured by SELweb. A checkmark (✓) indicates that a specific SELweb competence is a target of instruction in the indicated lesson.

Unit	Lesson	Emotion Recognition	Perspective-Taking	Problem-Solving	Self-Control
Kindergarten					
1: Hitting Your Turbo	K.1.1. Taking action gives you power			✓	
	K.1.2. How characters solve problems		✓	✓	
	K.1.3. Working with peers to solve problems			✓	
	K.1.4. Planning steps to solve problems			✓	
	K.1.5. Review			✓	
	K.1.6. Discussion of how characters solve problems		✓	✓	
2: Growth Mindset: Grow My Can Do	K.2.1. Identifying own skills and talents				✓
	K.2.2. Identifying how characters grow Can Do		✓		✓
	K.2.3. Working with peers to grow Can Do				✓
	K.2.4. Identifying skills to improve				✓
	K.2.5. Review				✓
	K.2.6. Discussion of how characters grow their Can Do		✓		✓
3: Relationships: Everyone Fits	K.3.1. The everyone fits puzzle		✓		
	K.3.2. Identifying how characters are part of the everyone fits puzzle		✓		
	K.3.3. When actions have a negative impact on the community		✓		
	K.3.4. How to have a positive impact on the community		✓	✓	
	K.3.5. Review		✓	✓	
	K.3.5. Discussion about how characters complete the puzzle		✓		
4: Coping Mechanisms: Take Your Stress Temp	K.4.1. Learning about the stress thermometer				✓
	K.4.2. Identifying how characters feel different forms of stress		✓		✓
	K.4.3. How to "get back to green" in real-world scenarios			✓	✓
	K.4.4. Identifying stressful situations and planning what to do			✓	✓
	K.4.5. Sharing a time when students used self-management				✓
	K.4.6. Discussion of how characters experience and deal with stress		✓		✓
5: Voice: Know Your Treasures	K.5.1. Learning about the voice box				✓
	K.5.2. Identifying how characters know their strengths/weaknesses		✓		✓
	K.5.3. Working with peers to analyze how to use strengths			✓	✓
	K.5.4. Brainstorming strengths				✓
	K.5.5. Review				✓
	K.5.6. Discussion of how characters learn to be proud of strengths		✓		✓
6: Learning Agility: I am Stuck	K.6.1. Students learn the concept of being "stuck"				✓
	K.6.2. Identifying how characters notice when they are stuck		✓	✓	✓
	K.6.3. Working with peers to get unstuck				✓
	K.6.4. Brainstorming how to notice when you're stuck and what to do				✓
	K.6.5. Review and sharing				✓
	K.6.6. Discussion of how characters know when they are stuck		✓		✓

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First Grade					
1: Agency: Make a turbo Plan	1.1.1. Taking action gives you power			✓	
	1.1.2. How characters identify and solve problems		✓	✓	
	1.1.3. Working with peers to analyze real-world problems			✓	
	1.1.4. Brainstorm a current challenge and make a plan			✓	
	1.1.5. Review and sharing			✓	
	1.1.6. Discussion of how characters solve problems		✓	✓	
2: Growth Mindset: Break It down to Grow Your Can do	1.2.1. Identifying own skills and talents				✓
	1.2.2. Identifying how characters grow Can Do		✓		✓
	1.2.3. Working with peers to analyze how to grow Can Do				✓
	1.2.4. Brainstorm a skill to improve and plan how to improve it				✓
	1.2.5. Review and sharing				✓
	1.2.6. Discussion of how characters grow their Can Do		✓		✓
3: Relationships: Compromise is You and Me	1.3.1. Review the the everyone fits concept and how they belong		✓		
	1.3.2. Identifying how characters find solutions that balance each person's needs		✓	✓	
	1.3.3. Work with peers to analyze how to compromise		✓	✓	
	1.3.4. Brainstorm common disagreements and make a plan to compromise		✓	✓	
	1.3.5. Review and sharing		✓	✓	
	1.3.5. Discussion about how characters make connections		✓		
4: Coping Mechanisms: Find Your Sunlight	1.4.1. Review the stress thermometer				✓
	1.4.2. Identifying how characters solve problems using calming strategies		✓		✓
	1.4.3. Work with peers to analyze solutions to real-world problems			✓	✓
	1.4.4. Brainstorm upsetting situations and how to manage them			✓	✓
	1.4.5. Sharing a time when students used self-management				✓
	1.4.6. Discussion of characters and coping strategies		✓		✓
5: Voice: Know Your Treasures	1.5.1. Review the voice box concept				✓
	1.5.2. Identifying how characters use strengths and interests to learn		✓	✓	✓
	1.5.3. Work with peers to analyze solutions to real-world problems			✓	
	1.5.4. Brainstorm ways to use strengths and interest to help or plan			✓	
	1.5.5. Review and sharing			✓	
	1.5.6. Discussion of how characters use strengths/interests to help others		✓	✓	
6: Learning Agility: Use Your Tools	1.6.1. Students review the concept of being "stuck"				✓
	1.6.2. Identifying how characters get unstuck		✓	✓	✓
	1.6.3. Students work with peers to solve real-world problems			✓	✓
	1.6.4. Find tools in the classroom to help get unstuck				✓
	1.6.5. Review and sharing				✓
	1.6.6. Discussion of topics students want to learn more about				✓

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Unit	Lesson	Emotion Recognition	Perspective-Taking	Problem-Solving	Self-Control
Second Grade					
1: Agency: Choose the Best Turbo Plan	2.1.1. Review and build on Turbo concept			✓	
	2.1.2. Identify how characters choose the best Turbo plan		✓	✓	
	2.1.3. Working with peers to analyze real-world problems			✓	
	2.1.4. Identify a problem, ways to solve it and the best Turbo Plan			✓	
	2.1.5. Review and sharing			✓	
	2.1.6. Discussion of how characters solve problems		✓	✓	
2: Growth Mindset: Make Mistakes to Grow Your Can Do	2.2.1. Review Can Do/Not Yet Circles				✓
	2.2.2. Identifying how characters grow Can Do		✓		✓
	2.2.3. Working with peers to analyze solutions to real-world problems				✓
	2.2.4. Identify mistakes and how to grow Can Do circles				✓
	2.2.5. Review and sharing				✓
	2.2.6. Discussion of how characters grow their Can Do		✓		✓
3: Relationships: Fix the Puzzle	2.3.1. Review the the everyone fits concept		✓		
	2.3.2. Identifying how characters repair harm they have caused		✓	✓	
	2.3.3. Work with peers to analyze situations causing harm and how to fix the harm		✓	✓	
	2.3.4. Brainstorm common disagreements and make a plan to compromise		✓	✓	
	2.3.5. Review and sharing		✓	✓	
	2.3.5. Brainstorm ideas to support students as they make connections		✓	✓	
4: Coping Mechanisms: Vitamin Strategies	2.4.1. Review the stress thermometer				✓
	2.4.2. Identifying how characters use strategies to stay in the green zone		✓		✓
	2.4.3. Work with peers to analyze solutions to real-world problems			✓	✓
	2.4.4. Identify a coping strategy to implement			✓	✓
	2.4.5. Sharing a time when students used self-management				✓
	2.4.6. Discussion of characters and coping strategies		✓		✓
5: Voice: Combine Your Treasures	2.5.1. Review the voice box concept and how to find your own treasures				✓
	2.5.2. Identifying how characters use strengths and interests		✓	✓	✓
	2.5.3. Work with peers to analyze solutions to real-world problems			✓	✓
	2.5.4. Make a plan to work together to combine treasures		✓	✓	
	2.5.5. Review and sharing			✓	
	2.5.6. Discussion of how characters work together to combine treasures		✓	✓	
6: Learning Agility: Notice and Explain Your Thinking	2.6.1. Students review Use Your Tools concept				✓
	2.6.2. Identifying how characters explain their thinking and how it helps them		✓	✓	✓
	2.6.3. Students work with peers to solve real-world problems			✓	✓
	2.6.4. Plan how to notice and explain one's thinking		✓		✓
	2.6.5. Review and sharing		✓		✓
	2.6.6. After reading, students will notice their thinking while reading		✓		✓

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Unit	Lesson	Emotion Recognition	Perspective-Taking	Problem-Solving	Self-Control
Third Grade					
1: Agency	3.1.1. Recognizing when the Turbo plan is and is not working			✓	
	3.1.2. Choose the best option to deal with a challenge			✓	
	3.1.3. Plan how to respond when facing a challenge			✓	
2: Growth Mindset	3.2.1. Describe what is in and outside of one's Comfort Zones				✓
	3.2.2. Identify obstacles to growing the Comfort Zone			✓	✓
	3.2.3. Reflect on how students grew outside their Comfort Zone				✓
3: Relationships	3.3.1. Recognize when others are left out and practice including them		✓	✓	
	3.3.2. Invite others and learn to get to know others better		✓	✓	
	3.3.3. Share ideas to help people feel more included at school		✓	✓	
4: Coping Mechanisms	3.4.1.Recognize own feelings and level of stress				✓
	3.4.2. Roleplay sharing feelings		✓		✓
	3.4.3. Understand the importance of sharing feelings		✓	✓	✓
5: Voice	3.5.1. Explain interests and passions				✓
	3.5.2. Create advertisements about interests to share with others		✓		
	3.5.3. Reflect on the benefits of having diverse interest		✓		
6: Learning Agility	3.6.1. Students learn to pay attention to their thinking				✓
	3.6.2. Students explain metacognitive strategies to others		✓		✓
	3.6.6. Students explain how thinking differs with hard and easy problems				✓

SELweb and MOSAIC Program Alignment

SELweb LE is a direct assessment of key social-emotional competencies in 4th to 6th grade, including: self-awareness, understanding others' emotions and perspectives, social problem-solving, and self-control. MOSAIC lessons are designed to foster these competencies. This document describes alignment between SELweb and the targets of instruction in MOSAIC lessons. Each row reflects a specific lesson. Each column reflects a competence measured by SELweb. A checkmark (✓) indicates that a specific SELweb competence is a target of instruction in the indicated lesson.

Unit	Lesson	Self-Awareness	Understanding Others	Problem-Solving	Self-Control
Fourth Grade					
Agency	4.1.1. Recognizing why some goals are hard to reach	✓			✓
Agency	4.1.2. Practice self-motivational strategies				✓
Agency	4.1.3. Plan to take small steps when feeling stuck				✓
Growth Mindset	4.2.1. Explain how learning challenges the brain and how a growth mindset helps	✓			✓
Growth Mindset	4.2.2. Turn fixed mindset statements into growth mindset statements				✓
Growth Mindset	4.2.3. Identify how to get to a growth mindset when it is hard			✓	✓
Relationships	4.3.1. Explain with perspective is and what it means to take someone's		✓		
Relationships	4.3.2. Practice taking different perspectives		✓		
Relationships	4.3.3. Explain why viewing other viewpoints is helpful		✓	✓	
Coping Mechanisms	4.4.1. Explain strategies for preventing and coping with stress				✓
Coping Mechanisms	4.4.2. Choose and apply a stress management strategy				✓
Coping Mechanisms	4.4.3. Reflect on how it feels to be in charge of stress				✓
Voice	4.5.1. Explain what curiosity is	✓			✓
Voice	4.5.2. Identify how interests relate to school and career	✓			
Voice	4.5.3. Discuss how interests change but curiosity can always motivate	✓			✓
Learning Agility	4.6.1. Understand how to identify and use different learning tools	✓			✓
Learning Agility	4.6.2. Practice learning information through different methods			✓	
Learning Agility	4.6.3. Reflect on how multiple methods of learning can help			✓	

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Fifth Grade					
Agency	5.1.1. Identify school and community issues that involve individual and group action		✓	✓	
Agency	5.1.2. Identify a community challenge and decide how to address it		✓	✓	
Agency	5.1.3. Reflect on actions and decide what to do next			✓	
Growth Mindset	5.2.1. Explain connection between self-talk and confidence				✓
Growth Mindset	5.2.2. Pay attention to self-talk and shift towards confidence				✓
Growth Mindset	5.2.3. Reflect on how judge voice and explorer voice make them feel				✓
Relationships	5.3.1. Describe own social network and benefits of having one		✓		
Relationships	5.3.2. Identify opportunities to get involved and meet people		✓	✓	
Relationships	5.3.3. Create a plan to stay connected to people in their network		✓	✓	
Coping Mechanisms	5.4.1. Learn to track energy levels and identify what affects energy level	✓			✓
Coping Mechanisms	5.4.2. Track energy level and identify drainers and boosters	✓			✓
Coping Mechanisms	5.4.3. Reflect on how it feels when you're recharged and plan for recharging			✓	✓
Voice	5.5.1. Define values and identify personal values	✓			
Voice	5.5.2. Describe connection between values and interests and passions	✓			
Voice	5.5.3. Reflect on values and appreciate how different values enrich community		✓		
Learning Agility	5.6.1. Explain how one reacts to testing and stress				✓
Learning Agility	5.6.2. Identify how to reduce test anxiety and check for understanding			✓	✓
Learning Agility	5.6.3. Celebrate growth as learners and leaders	✓			