XSEL LABS

SELweb EE and Positive Action Alignment



SELweb Early Elementary (EE) is a direct assessment of key social-emotional competencies in kindergarten to third grade, including: emotion recognition, social perspective-taking, social problem-solving, and self-control. **Positive Action** lessons are designed to foster these competencies. This document describes alignment between SELweb and the targets of instruction in the Positive Action lessons. Each row reflects a specific Positive Action lesson. Each column reflects a competence measured by SELweb. A checkmark (✓) indicates that a specific SELweb competence is a target of instruction in the indicated lesson.

Unit	Emotion Recognition	Perspective- Taking	Problem- Solving	Self- Control
1 Self-Concept				1
2 Positive Actions for Your Body & Mind				1
3 Managing Yourself Responsibly				1
4 Treating Others the Way You Like to be Treated	1	1	1	
5 Telling Yourself the Truth				
6 Improving Yourself Continually				1
7 Review	1	1	1	1

XSEL LABS

SELweb LE and Positive Action Alignment



SELweb Late Elementary (LE) is a direct assessment of key social-emotional competencies in 4th to 6th grade, including: self-awareness, understanding others' emotions and perspectives, social problem-solving, and self-control. **Positive Action** lessons are designed to foster these competencies. This document describes alignment between SELweb and the targets of instruction in Positive Action lessons. Each row reflects a specific lesson. Each column reflects a competence measured by SELweb. A checkmark (✓) indicates that a specific SELweb competence is a target of instruction in the indicated lesson.

Unit				
		Understanding Others	Problem-	Self-
	Self- Awareness	Others	Solving	Control
1 Self-Concept	 Image: A second s			1
2 Positive Actions for Your Body & Mind				1
3 Managing Yourself Responsibly				1
4 Treating Others the Way You Like to be Treated		1	1	
5 Telling Yourself the Truth	1			
6 Improving Yourself Continually				1
7 Review	1	1	1	1