



SELweb Early Elementary (EE) is a direct assessment of key social-emotional competencies, including: emotion recognition, social perspective-taking, social problem-solving, and self-control. **Rethink Ed** lesson plans are designed to foster these competencies. This document describes alignment between SELweb and the targets of instruction in the Rethink Ed lesson plans. Each row reflects a specific lesson. Each column reflects a competence measured by SELweb. A checkmark (✓) indicates that a specific SELweb competence is a target of instruction in the indicated lesson.

Unit	Rethink Ed Lesson	 Emotion Recognition	 Perspective- Taking	 Problem- Solving	 Self- Control
Kindergarten					
Awareness of Self and Others	I Like It!				
	It's A Feeling	✓			
	My Family				
	What We Need				✓
	Learning with Our Senses				✓
	I'm Growing!				
Self- Management	Breathe In, Breathe Out				✓
	My Recipe for Happiness				✓
	Following Instructions				✓
	Say the Problem				✓
	Say the Goal!				✓
	Get It Done!				✓
Social Skills	Let's Play Fair			✓	
	Spreading Kindness			✓	
	Fun with Friends			✓	
	People We Meet				
	Let's Cooperate			✓	
	Getting Along			✓	
Social Awareness	Me and You		✓		
	My Feelings, Your Feelings	✓			
	Telling or Tattling			✓	
	Ask Kindly			✓	
	I Can Help!			✓	
	Fix Your Mistake		✓	✓	✓
Self-Care	Notice with Your Senses				✓
	Mistakes Are a Part of Learning				✓
	Proud to Be Me!				✓
	Look What I Can Do!				✓
	Ask for Help			✓	
	Safety First				
1st Grade					
Awareness of Self and Others	You Are Special!				
	My Feelings Monster	✓			
	Being Together		✓		
	Balancing Wants and Needs				✓
	Whole Body Listening				✓
	I Can Do It!				
Self- Management	Wait for It!				✓
	Feelings Booster				✓
	Hocus Pocus: Focus!				✓
	Whose Problem Is It?				✓
	Steps to the Goal				✓
	Bounce Back!				✓
	Tattling Trouble			✓	
	Mind Your Manners			✓	

Social Skills	Let's Be Friends			✓	
	Kindness Kaleidoscope			✓	
	Fair is Fun			✓	
	I'm Sorry!			✓	
Social Awareness	Our Families		✓		
	How Someone Else Might Feel	✓			
	Rules, Rules, Rules			✓	
	My Family, My Support			✓	
	I Spy a Helper		✓	✓	
	Actions and Consequences			✓	✓
Self-Care	The Big Breath				✓
	Believe!				✓
	Turn That Frown Upside Down				✓
	I Like Me!				✓
	Speak Up and Ask!			✓	
	What's That Feeling?	✓			✓
2nd Grade					
Awareness of Self and Others	No One is You-er Than You				
	Feelings Detectives	✓			
	Spot Our Family Values		✓		
	Getting My Needs Met				✓
	How We Learn				✓
	Mistake Masterpieces				
Self-Management	Take 5!				✓
	My Stress Thermometer				✓
	The Focus Toolbox				✓
	What's the Problem?				✓
	Set a Goal				✓
	Challenge Accepted!				✓
Social Skills	That's Not Fair!			✓	
	Show Some Respect!			✓	
	Filling Buckets			✓	
	Be a Good Classmate			✓	
	Work Together			✓	
	Let's Get Along			✓	
Social Awareness	Cultures Around the World		✓		
	The Case of Caring	✓			
	A Buddy or A Bully?			✓	
	Help at School			✓	
	I Can Help My Family		✓	✓	
	STOP Then Decide			✓	✓
Self-Care	My Mindful Body				✓
	You Can Do It!				✓
	Level Up Your Mood				✓
	What I Like About Me				✓
	Get Your Needs Met				✓
	STOP!				✓
3rd Grade					
Awareness of Self and Others	My Kind of Strong				
	Super Emotions!	✓			
	Character Values		✓		
	I Belong				✓
	My Best Brain				✓
	My Curious Mind				✓
Self-Management	Keep Calm!				✓
	Change It!				✓
	Improving My Focus				✓
	Let's Brainstorm!				✓
	Make a Plan				✓





	Be Resilient				✓
Social Skills	Make It Fair!			✓	
	Say it With a Smile!	✓		✓	
	Be a Friend			✓	
	Being a Good Student		✓	✓	
	Two Heads Are Better!		✓	✓	
	Calm the Conflict			✓	✓
Social Awareness	Celebrating Our Differences		✓		
	From Another Perspective		✓		
	Be a Buddy, Not a Bully			✓	
	Be a BUD			✓	
	Acts of Kindness		✓	✓	
	STOP Before You Say It			✓	✓
Self-Care	Mindfulness				✓
	Belief Builders				✓
	Give a Little Happiness			✓	
	Give Yourself a Break!				✓
	Speaking Up to Meet My Needs				✓
	Okay, Not Okay				✓



SELweb LE and Rethink Ed Program Alignment



SELweb Late Elementary (LE) is a direct assessment of key social-emotional competencies in 4th to 6th grade, including: self-awareness, understanding others' emotions and perspectives, social problem-solving, and self-control. **Rethink Ed** lessons are designed to foster these competencies. This document describes alignment between SELweb and the targets of instruction in Rethink Ed lessons. Each row reflects a specific lesson. Each column reflects a competence measured by SELweb. A checkmark (✓) indicates that a specific SELweb competence is a target of instruction in the indicated lesson.

Unit	Second Step Digital Lesson				
Self-Awareness Understanding Others Problem-Solving Self-Control					
4th Grade					
Awareness of Self and Others	What's Your Superpower?	✓			
	Emotions: Actions!		✓		
	My Values, My Choices		✓		
	Where We Belong		✓		
	Remember This!				✓
	Hard Work Pays Off				✓
Self-Management	Freeze!				✓
	Feelings, Thoughts, and Behaviors				✓
	Keep Focused				✓
	Ways to Solve a Problem				✓
	Planning for Success				✓
	The Resilient Kid				✓
Social Skills	Great Responsibility			✓	
	Actions Speak Louder Than Words		✓	✓	
	A Good Friend Is...			✓	
	Be a Good Neighbor			✓	
	Do Your Part!			✓	
	The I-Message			✓	✓
Social Awareness	Everyone is Different		✓		
	Showing Empathy		✓		
	Profile of a Bully			✓	
	Who Do You Turn To?			✓	
	Making School a Better Place		✓	✓	
	THINK and Be Honest			✓	✓
	Martian Mind		✓		
	Believe It!				✓

Self-Care	Attitude of Gratitude				✓
	Kindness to Myself				✓
	Getting the Help I Need				✓
	Boundaries		✓	✓	

5th Grade

Awareness of Self and Others	My Creative Strengths	✓			
	Expressing Emotions				✓
	Our School's Value		✓		
	We Gotta Have Fun!		✓		
	Let's CREATE				✓
	Beyond Boredom!				✓
Self-Management	Stop. Think. Decide.				✓
	You Can Change It!				✓
	Focus First!				✓
	Think of Solutions				✓
	Reach Your Goals				✓
	If at First You Don't Succeed...				✓
Social Skills	Right On, Rights!		✓	✓	
	Social Cues		✓	✓	
	COOL Communication			✓	
	Character Counts		✓	✓	
	Together for the Goal!		✓	✓	
	ICE Rumors and Gossip			✓	✓
Social Awareness	In Someone Else's Shoes		✓		
	Taking the Perspective of Another		✓		
	Be an Upstander			✓	
	Asking for Help			✓	
	Kind is Cool		✓	✓	
	Choices and Consequences			✓	✓
Self-Care	Quiet Your Brain				✓
	I Believe in Me				✓
	Good News, Bad News				✓
	Me: My Compassionate Friend				✓
	Speak Up with Confidence				✓
	Ready, SET, SEE		✓	✓	

6th Grade

Awareness of Self and Others	Social Strengths	✓			
	Sparks of Emotions	✓			✓
	My Personal Values	✓			
	Building my SELF-Esteem	✓			✓
	ASK Quality Questions				✓
	A Tale of Two Brains				✓
Self-Management	Stress Solutions				✓
	Don't Stress				✓
	Focus to Study				✓
	Think Solution!				✓
	Get SMART!				✓
	Reframe It!				✓
Social Skills	Our Rights and Responsibilities		✓	✓	
	Ripple of Respect		✓	✓	
	Lean on Me			✓	
	No "I" In Team		✓	✓	
	THINK in Groups		✓	✓	
	Resolving Conflict			✓	
Social Awareness	Be Cool: INCLUDE		✓		
	ACTIVE Listening		✓		
	Bullies Bully!			✓	
	Who Supports You?			✓	
	Be the Change		✓	✓	

	OWN Your Actions			✓	✓
Self-Care	Practice Gratitude				✓
	Build Your Belief				✓
	Random Acts				✓
	Be Kind to Yourself				✓
	Speak Up for Fairness				✓
	Setting Boundaries to Be Yourself			✓	✓