

**Insights Early Elementary (EE)** is a direct assessment of key competencies in kindergarten to third grade, including: emotion recognition, social perspective-taking, social problem-solving, and self-control. **Friendly** lessons are designed to foster these competencies. This document describes alignment between Insights EE and the targets of instruction in the Friendly lessons. Each row reflects a specific unit. Each column reflects a competence measured by Insights EE. Double checkmarks (✓✓) indicate that a specific Insights competence is a primary target of instruction in the indicated unit; single checkmarks (✓) indicate that a specific Insights competence is a secondary target of instruction in the indicated unit.

Volume	Unit	Emotion Recognition	Perspective-Taking	Problem-Solving	Self-Control
1	1. We Need Each Other!		✓	✓✓	
	2. Be Kind All The Time		✓	✓✓	✓
	3. You First			✓	✓
	4. Teamwork Makes the Dreamwork		✓	✓✓	
	5. Watch My Words	✓			✓✓
	6. Friends Forgive		✓	✓✓	
	7. I Am Valuable				
	8. Friendship is a Gift		✓		
2	1. Better Together		✓	✓✓	
	2. I Can Do It				✓
	3. I Am Known		✓		
	4. Respond Instead of React	✓			✓✓
	5. I Am Brave	✓		✓	✓
	6. I Get to Be Me, You Get to Be You			✓	
	7. Stop the Gossip		✓		✓
	8. I Am For You	✓	✓✓	✓	
3	1. Ubuntu- I Am Because We Are		✓	✓	
	2. Listen Up!	✓	✓✓		
	3. Stress Less- Breathe Easy				✓✓
	4. Bounce Back			✓	✓✓
	5. Know Your Limit	✓		✓	✓
	6. Uniquely You				
	7. Sort It Out	✓	✓	✓✓	
	8. Do the Next Right Thing		✓		✓✓
Supplementary Materials	Daily Check-Ins	✓			✓✓
	Warm Welcome Kit - Morning Mindset	✓	✓	✓	✓
	Warm Welcome Kit - Compliment Connection		✓	✓✓	
	Warm Welcome Kit - Quick Connection		✓	✓	
	Warm Welcome Kit - Curiosity Connection		✓✓	✓	
	Warm Welcome Kit - Calming Connection	✓			✓✓
	Warm Welcome Kit - Common Connection		✓✓		
	Warm Welcome Kit - Flowers & Thorns	✓			✓
	Warm Welcome Kit - 5 Minute Expert		✓		
SEL Exit Tickets	✓	✓	✓	✓	

Insights Late Elementary (LE) is a direct assessment of key competencies in 4th to 6th grade, including: self-awareness, understanding others' emotions and perspectives, social problem-solving, and self-control. Friendly video lessons are designed to foster these competencies. This document describes alignment between Insights LE and the targets of instruction in Friendly lessons. Each row reflects a specific unit. Each column reflects a competence measured by Insights LE. Double checkmarks (✓✓) indicate that a specific Insights competence is a primary target of instruction in the indicated unit; single checkmarks (✓) indicate that a specific SELweb competence is a secondary target of instruction in the indicated unit.

Volume	Unit				
		Self-Awareness	Understanding Others	Problem-Solving	Self-Control
1	1. We Need Each Other!		✓	✓✓	
	2. Be Kind All The Time		✓	✓✓	✓
	3. You First			✓	✓
	4. Teamwork Makes the Dreamwork		✓	✓✓	✓
	5. Watch My Words		✓		✓✓
	6. Friends Forgive		✓	✓✓	
	7. I Am Valuable	✓✓			
	8. Friendship is a Gift		✓		
2	1. Better Together		✓	✓✓	
	2. I Can Do It	✓			
	3. I Am Known	✓✓	✓		✓
	4. Respond Instead of React				✓✓
	5. I Am Brave			✓	✓
	6. I Get to Be Me, You Get to Be You	✓		✓	
	7. Stop the Gossip		✓		✓
	8. I Am For You		✓✓	✓	
3	1. Ubuntu- I Am Because We Are		✓	✓	
	2. Listen Up!		✓✓		
	3. Stress Less- Breathe Easy				✓✓
	4. Bounce Back	✓		✓	✓✓
	5. Know Your Limit	✓✓		✓	✓
	6. Uniquely You	✓✓			
	7. Sort It Out	✓	✓	✓✓	
	8. Do the Next Right Thing		✓		✓✓
Supplementary Materials	Daily Check-Ins		✓		✓✓
	Warm Welcome Kit - Morning Mindset	✓	✓	✓	✓
	Warm Welcome Kit - Compliment Connection		✓	✓✓	
	Warm Welcome Kit - Quick Connection		✓	✓	
	Warm Welcome Kit - Curiosity Connection		✓✓	✓	
	Warm Welcome Kit - Calming Connection				✓✓
	Warm Welcome Kit - Common Connection		✓✓		
	Warm Welcome Kit - Flowers & Thorns				✓
	Warm Welcome Kit - 5 Minute Expert		✓		
SEL Exit Tickets	✓	✓	✓	✓	