

-indicated unit



Insights Early Elementary (EE) is a direct assessment of key competencies in kindergarten to third grade, including: emotion recognition, social perspective-taking, social problem-solving, and self-control. **Friendzy** lessons are designed to foster these competencies. This document describes alignment between Insights EE and the targets of instruction in the Friendzy lessons. Each row reflects a specific unit. Each column reflects a competence measured by Insights EE. Double checkmarks ($\checkmark \checkmark$) indicate that a specific Insights competence is a primary target of instruction in the indicated unit; single checkmarks (\checkmark) indicate that a specific Insights competence is a secondary target of instruction in the

Volume	Unit	Emotion Recognition	Perspective- Taking	Problem- Solving	Self- Control
1	1. We Need Each Other!		1	11	
	2. Be Kind All The Time		1	11	1
	3. You First			1	1
	4. Teamwork Makes the Dreamwork		1	11	
	5. Watch My Words	1			11
	6. Friends Forgive		1	11	
	7. I Am Valuable				
	8. Friendship is a Gift		1		
	1. Better Together		1	11	
	2. I Can Do It				1
	3. I Am Known		1		
	4. Respond Instead of React	1			11
2	5. I Am Brave	1		1	1
	6. I Get to Be Me, You Get to Be You			1	
	7. Stop the Gossip		1	-	1
	8. I Am For You	1	11	1	
	1. Ubuntu- I Am Because We Are		1	1	
	2. Listen Up!		11		
	3. Stress Less- Breathe Easy				11
3	4. Bounce Back			1	11
	5. Know Your Limit			1	
	6. Uniquely You				
	7. Sort It Out		1	11	
	8. Do the Next Right Thing	-	1		11
Supplementary Materials	Daily Check-Ins				11
	Warm Welcome Kit - Morning Mindset	1	1	1	1
	Warm Welcome Kit - Compliment Connection		1	11	
	Warm Welcome Kit - Quick Connection		1	1	
	Warm Welcome Kit - Curiosity Connection		11	1	
	Warm Welcome Kit - Calming Connection	1			11
	Warm Welcome Kit - Common Connection		11		
	Warm Welcome Kit - Flowers & Thorns	1			1
	Warm Welcome Kit - 5 Minute Expert		1		
	SEL Exit Tickets	_	1	1	 Image: A second s



Insights LE and Friendzy Alignment



Insights Late Elementary (LE) is a direct assessment of key competencies in 4th to 6th grade, including: self-awareness, understanding others' emotions and perspectives, social problem-solving, and self-control. Friendzy video lessons are designed to foster these competencies. This document describes alignment between Insights LE and the targets of instruction in Friendzy lessons. Each row reflects a specific unit. Each column reflects a competence measured by Insights LE. Double checkmarks (\checkmark) indicate that a specific Insights competence is a primary target of instruction in the indicated unit; single checkmarks (\checkmark) indicate that a specific SELweb competence is a secondary target of instruction in the indicated unit.

Volume	Unit	Self- Awareness	Understanding Others	Problem- Solving	Self- Control
1	1. We Need Each Other!		1	11	
	2. Be Kind All The Time		1	<i></i>	
	3. You First			 Image: A set of the set of the	1
	4. Teamwork Makes the Dreamwork		1	<i>\</i>	1
	5. Watch My Words		1		11
	6. Friends Forgive		1	11	
	7. I Am Valuable	11			
	8. Friendship is a Gift		1		
2	1. Better Together		1	11	
	2. I Can Do It	1			
	3. I Am Known	11	1		1
	4. Respond Instead of React				11
	5. I Am Brave			 Image: A set of the set of the	1
	6. I Get to Be Me, You Get to Be You	1		1	
	7. Stop the Gossip		1		1
	8. I Am For You				
	1. Ubuntu- I Am Because We Are		1		
	2. Listen Up!		<i></i>		
3	3. Stress Less- Breathe Easy				11
	4. Bounce Back	1			11
	5. Know Your Limit	11			_
	6. Uniquely You	11			
	7. Sort It Out	1	1	<i>\</i>	
	8. Do the Next Right Thing		1		11
Supplementary Materials	Daily Check-Ins		1		11
	Warm Welcome Kit - Morning Mindset	1	1	 Image: A set of the set of the	1
	Warm Welcome Kit - Compliment Connection		1	<i>s s</i>	
	Warm Welcome Kit - Quick Connection		1	 Image: A set of the set of the	
	Warm Welcome Kit - Curiosity Connection		11	1	
	Warm Welcome Kit - Calming Connection				<i></i>
	Warm Welcome Kit - Common Connection		11		
	Warm Welcome Kit - Flowers & Thorns				<i></i>
	Warm Welcome Kit - 5 Minute Expert		1		
	SEL Exit Tickets	1	1	1	1